



NANDKUMAR SINGH CHOUHAN GOVERNMENT MEDICAL COLLEGE KHANDWA
(Formerly known as Government Medical College Khandwa M.P.)
FOUNDATION COURSE 1st MBBS (Batch 2024-25)



Date	9-10AM	10-11AM	11-12AM	12-1PM	2-3PM	3-4PM	4-5PM
14.10.24	Introduction Icebreaking, Role of doctors in the society Deptt. of Physiology	Overview of MBBS curriculum MEU Coordinator	Address by the Dean, Hostel warden (Boys & Girls hostel)	University /NMC guidelines of attendance, internal assessment, pass/fail criteria In-charge student section	Orientation to College Campus (Batch 1-60) Deptt. of Anatomy	Orientation to Hospital Campus (Batch 61-120) Deptt. of ENT & Dermatology	
15.10.24	History of Medicine and alternate health care systems in India Deptt. of Biochemistry	Understanding the role of Mentoring in medical education. Introduction and allocation of the mentors. In-charge Mentor Mentee Committee	Roles of an Indian Medical Graduate (IMG) MEU Coordinator	Orientation to College Campus (Batch 61-120) Deptt. of Anatomy	Orientation to Hospital Campus (Batch 1-60) Deptt. of ENT & Dermatology		
16.10.24	Zero Tolerance to ragging and introduction to anti-ragging committee and support system Anti ragging committee	Orientation to the departments teaching in the 1 st Phase Deptt. of Anatomy & Physiology		Orientation to the departments teaching in the 1 st Phase Deptt. of Biochemistry & Community Medicine			Extracurricular activities Cultural committee

Lunch hours: 1PM to 2PM

Dr. Sanjay Kumar Dadu
Dean & CEO

(Signature)
03/10/24



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Time/Date	9-10AM	10-11AM	11-12AM	12-1PM	2-3PM	3-4PM	4-5PM
18.10.24	National guidelines on the process of management of bio medical waste. Deptt. of Microbiology	Universal precautions, Segregation and safe disposal of Bio hazardous materials in a simulated environment (Hands on experience). Deptt. of Microbiology	Accessing online resources for studies Deptt. of Biochemistry	Principles of family practice/ role of family physician in Health care delivery Deptt. of Gen. Medicine	Giving first Aid in simulated environment (Batch-A) Deptt. of Gen. Medicine Proper hand washing and use of personal protective equipment (Batch-B) Deptt. of Gen. Surgery	Perform BLS in simulated environment (Batch-C) Deptt. of Paediatrics & Anaesthesiology	Training in English/Regional Language Deptt. of Anatomy
19.10.24	Documentation in patient care and the proper methods of documentation Deptt. of Forensic Medicine	Structure and functioning of the community health centre care Deptt. of Community Medicine	Training in English/Regional Language Deptt. of Anatomy	Giving first Aid in simulated environment (Batch-B) Deptt. of Gen. Medicine Proper hand washing and use of personal protective equipment (Batch-C) Deptt. of Gen Surgery	Perform BLS in simulated environment (Batch-A) Deptt. of Paediatrics & Anaesthesiology	Immunization requirements of Health care professionals Deptt. of Obstetrics and Gynaecology	
21.10.24	1. Honesty and respect during interaction with peers, seniors, faculty, and health care workers and patients. 2. Concept of Professionalism and Ethics, consequences of unprofessional and unethical behaviour. Deptt. of Forensic Medicine			Response to injuries during working (needle/scalpel or other sharp instruments injuries) Deptt. of Gen Surgery	Giving first Aid in simulated environment (Batch-C) Deptt. of Gen. Medicine Proper hand washing and use of personal protective equipment (Batch-A) Deptt. of Gen.Surgery	Perform BLS in simulated environment (Batch-B) Deptt. of Paediatrics & Anaesthesiology	Extracurricular activities Cultural Committee

Lunch hours: 1PM to 2PM

Dr. Sanjay Kumar Dada
Dean & CEO

(Signature)
23/10/24



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						Extracurricular activities Cultural committee	
22.10.24	National Health goals and policies/ health Care systems/ community health Deptt. of Community Medicine	Working in a health care team Deptt. of Community Medicine	Professional behaviour and altruistic behaviour. Core values (compassion, altruism, integrity, duty, responsibility and trust) of the physician's work. Deptt. of Forensic Medicine	Mental health challenges in medical education. Deptt. of Gen. Medicine (Psychiatry)	Extracurricular activities Cultural committee		
23.10.24	Introduction to Yoga and meditation Deptt. of Dentistry	Reflections in medical education and reflection writing workshop Deptt. of Biochemistry	Collaborative learning Deptt. of Biochemistry	Handling interpersonal relationships in medical college Deptt. of Physiology	Stress management. Deptt. of Gen. Medicine (Psychiatry)	Sports Sports committee	
24.10.24	Role of Yoga and meditation in coping stress Deptt. of Dentistry	Rights of the persons with disabilities as per UN convention Deptt. of Forensic Medicine	Use of AI in medicine Deptt. of Pharmacology	Self-directed learning (SDL) methods of Self-directed learning. Deptt. of Ophthalmology	"Shram Daan" Cultural committee		
25.10.24	Communication in medicine. Deptt. of Physiology	Time management for studies in medical college. Deptt. of Pathology	National health scenario, demographic, socio-cultural & epidemiological issues Deptt. of Community Medicine	Research opportunities (STS, ICMR etc.) for UG medical students. Deptt. of Biochemistry	Sports Sports committee		

Lunch hours: 1PM to 2PM

Dr. Sanjay Kumar Dadu
Dean & CEO

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26.10.24	Working on the Microsoft Excel Deptt. of Pharmacology	Working on the Microsoft Power point Deptt. of Pharmacology	Interacting with patients and their families. Field visit to PHC/CHC (in batches) Deptt. of Community Medicine	Obtaining consent and breaking bad news. Deptt. Gen. Surgery	Ethical considerations in examining a female patient. Deptt. Obstetrics and Gynaecology	Sports committee	
28.10.24	Carrier pathways for the medical graduate Deptt. of Ophthalmology	Communication skills: Role play on good and bad doctor patient communication Deptt. of Pathology	Student talent display and White coat ceremony		Sports committee		

Name of module	Color Coding	Hours
Orientation Module		15
Skills Module:		15
Community orientation module		05
Professional Development and Ethics Module (P&E)		20
Enhancement of Language and Computer Skills Module		10
Sports		15
Extracurricular activities		

Lunch hours: 1PM to 2PM

Dr. Sanjay Kumar Dadu
Dean & CEO